

# Bariatric Weight-Loss Surgery Support Group 2020



Whether you're considering bariatric surgery, or are adjusting to the diet and lifestyle changes after your procedure, a **strong support system** is one of the most important keys to achieve your weight-loss goals and improve your health.

That's why our **Center for Surgical Weight Loss** is dedicated to providing information and resources to get the support you need.

Meet with knowledgeable professionals, and others who understand what you're going through, because they've been there, too. Our **FREE** bariatric support group meetings are open to both pre- & post-operative patients, and the family members and friends who support them.

For more information, call our Bariatric Program Coordinator at **856-346-6470**, or visit **JeffersonHealth.org/NJbariatrics**

**We look forward to supporting you on your weight-loss journey!**

## Meetings are Held at the Locations & Times Listed Below:

**Every 2<sup>nd</sup> Tuesday, 6:30 - 7:30 p.m.**

**Jefferson Stratford Hospital**  
18 East Laurel Road • 3<sup>rd</sup> Floor Large Conference Room

January 14	May 12	September 8
February 11	June 9	October 13
March 10	July 14	November 10
April 14	August 11	December 8

**Every 4<sup>th</sup> Tuesday, 6:30 - 7:30 p.m. (except November & December)**

**Kennedy Health & Wellness Center – Sewell**  
405 Hurffville-Cross Keys Road • Suite 201

January 28	May 26	September 22
February 25	June 23	October 27
March 24	July 28	
April 28	August 25	

*Note: In the event of inclement weather or other emergencies, please check for cancellations by visiting our website, [JeffersonHealth.org/NJbariatrics](http://JeffersonHealth.org/NJbariatrics), or the Jefferson Health - New Jersey Facebook page.*